

LIZZIE LAU TRAVELS

Single Mom On The Move
lizzielau.com



TRAVEL WRITER
REFORMED ADRENALINE JUNKIE
TOP 30 VANCOUVER MOM BLOGGER
RETIRED YACHT CHEF & MOM
ADVENTURER → WORLD TRAVELER

I've traveled to 34 countries, and recently returned home to live in BC after nearly 20 years of living abroad while working as a chef in the yachting industry. I blog about travel at lizzielau.com, help clients build and maintain a social media presence, and can be packed to go anywhere in about 10 minutes.

100,000+ Total Monthly Reach

(combination of social media impressions & website visits)



13.1K followers



2K followers



1.2K followers



3K followers



Readership includes a highly engaged audience of active parents and travelers in the USA and Canada.



Giveaways, sponsored posts, social media shares, website and graphic design, social media management.



Also seen on The woman Formerly Known as Beautiful, SMARTliving360 + Vancouver Kids Fashion Week



Fees available upon request. Have something else in mind, contact me! For all enquiries lizzie@lizzielau.com

A FEW OF THE BRANDS I'VE WORKED WITH

